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February is the month that celebrates love, and a reminder for us to check in on our health.

In this issue don't miss the wellness section to learn about two powerful diagnostic tools that provide you with individualized information and custom solutions to help you achieve your health and weight goals. We also share two of our favorite aesthetic fixes for the month to address the lips, neck and décolleté areas.

Yes, we are definitely in love! xoxo

MEDICAL SPA



KISSABLE LIPS FOR VALENTINE'S DAY

LIP GLOSSING FOR SMOOTH, BEAUTIFUL LIPS

Artistry at its best♥

Dr. Josie's Lip Glossing technique utilizes dermal filler to gently enhance lips by adding a touch of volume and filling vertical lines around the mouth.

The result is a natural-looking pout that complements you.

Everyone will notice. No one will know.

LIP GLOSSING TREATMENT | NOW \$595 - \$895* (Reg. \$695-\$995)

*Offer expires February 28, 2018. Some restrictions may apply.



DELICATE SKIN NEEDS EXTRA CARE



A NEW SOLUTION FOR THE NECK

BECAUSE WOMEN WHO DON'T WANT TO SHOW THEIR AGE, SHOULDN'T HAVE TO.

Introducing Restorative Neck Complex with TriHex Technology®

- Luxurious formulation hydrates the delicate skin on the neck and décolleté.
- Leaves skin more resilient, smoother and tighter.
- Helps to address the appearance of aging skin and sun-damaged discoloration.
- Helps to lift and firm the skin.

INTRODUCTORY OFFER* | One for \$110 or Two for \$179

* Cannot be combined with any other offers. Expires February 28, 2018 or while supplies last.

Our functional medicine specialty provides access to individualized labs and personalized plans based on your DNA and cellular function. Here are just a couple of the diagnostic tests we offer that are unique to you.

HEALTHY WEIGHT DNA TESTING

Genetic testing to help determine the best weight loss solution based on your DNA.

Discover more than you ever thought possible about your DNA and how it may be impacting your overall health and fitness goals. Studies have shown that individuals that follow a genetically appropriate diet lose more weight and are able to more easily maintain weight loss. Using a cheek swab sample, the Healthy Weight DNA Insight® test analyzes your DNA and provides you with information based on your genetics that will help you on your weight loss journey.

Healthy Weight DNA Insight® test provides:

- Your personalized genetic nutrition profile, including the ratio of carbs, proteins, and fats for your body.
- How to make proactive decisions regarding diet, exercise, and lifestyle based on your DNA.
- Gain insight into your genetic predisposition for exercise to get the most benefit from endurance and strength training.

Ideal For: Forward thinking individuals focused on prevention, yo-yo dieters, those with unknown health histories, anyone looking for specific daily diet recommendations and menu planning, those struggling with losing or gaining weight (rebounding), or anyone with a history of overweight or obese family members.

[Learn More.](#) Call 847-681-8821.



MICRONUTRIENT DEFICIENCY TESTING

50% of people taking multivitamins are micronutrient deficient, despite supplementation. Are you one of them?

WHAT IS MICRONUTRIENT TESTING?

Micronutrient testing measures how micronutrients are actually functioning within your white blood cells. These tests allow nutritional assessment for a broad variety of clinical conditions, general wellness and the prevention of chronic diseases including arthritis, cancer, cardiovascular risk, diabetes, various immunological disorders and metabolic disorders.

Spectracell's micronutrient test is the only functional test on the market that measures how well micronutrients function in the body, rather than simply measuring blood levels of these nutrients.

Ideal For: Those with difficulty metabolizing carbohydrates, gut issues, hypo/hyperglycemia, bloating and indigestion. Anyone who wants to delve further into the science behind an enviable metabolism. Looking for personalized supplement protocol with an emphasis of their role in the body's ability to burn fat and build muscle.

SPECIAL OFFER | WE ARE LOOKING FOR

a minimum of 10 people who would like to receive the micronutrient test at a special rate of \$150* (Reg. \$290)

ADD-ON | Cardiometabolic Panel for only \$40 (Reg. \$110)
For Micronutrient Test participants only.

BONUS | Purchase a Follow-Up Visit with Dr. Ryan and get a **FREE bottle of Maximum Vitality**** (Reg. \$40)

* Cannot be combined with other offers or promotions. Spectracell requires valid health insurance for participation in this program. Your insurance will be billed for the full value of the test; however, you will not receive a "balance bill" for the uncovered portion. Follow-up visit with Dr. Ryan to review your test results is not included.

** Bottle will be provided at your follow-up visit.

If you would like to receive a test at this special rate, send an email to conciierge@myfreshskin.com

Deadline is February 10, 2018

[Learn more.](#) Call 847-681-8821